



# **2022 12 & O CANTERBURY WEST COAST SHORT COURSE CHAMPIONSHIPS**

**Session 1: Friday, 10<sup>th</sup> June 2022 - Warm up 5.45pm, Start 6.30pm  
Duty Clubs: Aquagym, North Canterbury**

**Session 2: Saturday, 11<sup>th</sup> June 2022 - Warm up 7.30am, Start 8.15am  
Duty Clubs: Ashburton, Waitaha**

**Session 3: Saturday, 11<sup>th</sup> June 2022 - Warm up 4.00pm, Start 4.45pm  
Duty Clubs: Wharenui, Selwyn**

**Session 4: Sunday, 12<sup>th</sup> June 2022 - Warm up 7.30am, Start 8.15am  
Duty Clubs: Jasi, Swim Timaru**

**Session 5: Sunday, 12<sup>th</sup> June 2022 - Warm up 2.30pm, Start 3.15pm  
Duty Clubs: Vikings, QE2**

**at Jellie Park, Christchurch (25m)**

**This is a Designated National Qualifying Meet**

Technical Advisor: Christine Cassin

Meet Organiser: Events Committee

## **COVID 19 PROTECTION FRAMEWORK (TRAFFIC LIGHT SYSTEM)**

*This event will be run under the government guidelines for the setting under the CPF setting at the time of the event.*

*Face coverings are not mandatory however we strongly recommended they are worn wherever possible. Physical distancing is not a requirement but encouraged wherever possible.*

## **CONDITIONS OF ENTRY**

1. All registered competitive swimmers are eligible to enter.
2. Age as at 10th June 2022. Entry is restricted to swimmers who meet the qualifying standards.
3. ENTRY FEES: \$10 per individual event and \$15.00 per relay event GST inclusive.
4. Entries close midnight Wednesday the 1<sup>st</sup> of June 2022. All individual entries are to be completed ONLINE only through the Swimming NZ database. Individual entries are paid during the online process. Club entries will be invoiced based on entries processed as at Wednesday the 8<sup>th</sup> of June 2022. There will be no refund of entry fees except at the discretion of the meet organiser.
5. Relays may be entered online until midnight Thursday 2<sup>nd</sup> of June 2022.
6. NO LATE ENTRIES WILL BE ACCEPTED.
7. Qualifying times are 25m times only. Converted long course times may be used.
8. To enter the SCWC Championships a swimmer must achieve the qualifying times during the qualifying period between 1st June 2020 and 1<sup>st</sup> June 2022.
9. SCWC reserves the right to restrict entries to ensure the timeline is adhered to.
10. Submission of entries constitutes acceptance of these Meet rules and Conditions.
11. Confirmation of entries will be sent to clubs by Friday 3<sup>rd</sup> June 2022. Clubs are to check swimmers entries, events and times are correct. Any changes must be sent to admin@swimcanterbury.org.nz by Monday 6<sup>th</sup> June 2022 prior to the Psych Sheets being posted on the SCWC website.
12. Age Groups for individuals are: 12-14yrs, 15-16yrs, 17yrs & over.  
Age Groups for relays are: 12yrs-14yrs and 15yrs and over.
13. Electronic timing will be used at this meet.
14. Athletes from other regions are eligible to enter and will be treated as visitors. There will be a maximum of two visitors per final.
15. Para Swimmers aged 12 years and over are eligible to compete at this event and will compete under IPC Swimming Rules. They will be seeded in the heats according to their entry times.  
Para swimmers are eligible for the following events 50m & 100m all strokes, 200m freestyle and 200IM for all classifications; 400m freestyle for S6 and above. One Open mixed final for Para swimmers will be swum in these events, if required. Para only events will be resulted as Open events using the Para Swimming Points System.

There will be no qualifying times for Para athletes' events but athletes must have a time (ie. No NTs)  
Para Swimmers can also enter any other event under the same conditions as able bodied swimmers ie. if they have the qualifying time but there will be no Para only final.

## **RULES OF THE CHAMPIONSHIPS**

1. This meet will be conducted under the Swimming NZ Regulations, SNZ By-Laws and FINA Rules with the exception of local meet rules. The SCWC Technical Suit Policy will be enforced at this meet.
2. **All those entering or attending the event acknowledge that, should they:**
  - **Test positive for COVID-19, or**
  - **Be classed as a household contact of a COVID-19 case, or**
  - **Display symptoms of COVID-19, or**
  - **Be waiting on results from a COVID-19 test, before, during, or after the event,****they will contact the event organiser immediately and withdraw from the event whilst self-isolating.**

**All entering or attending this competition acknowledge that the competition is subject to the restrictions imposed under the COVID-19 Protection Framework at the time of the event. If such restrictions change in the lead-up to or during the competition, participants and volunteers acknowledge that this event may be altered or cancelled.**

3. All 100m and 200m events (except 200m Butterfly) will be swum as single gender prelims seeded slowest to fastest in the morning with finals for gender/age groups in the evenings as indicated in the programme of events. The 50's all strokes, 400, 800, 1500 Freestyle, 200m Butterfly and the 400m Individual Medley will be swum as single gender timed finals seeded fastest to slowest.
4. The 800m and 1500m freestyle events will be restricted to the top 24 competitors based on entry time.
5. Swimming Canterbury West Coast reserves the right to combine the distance events if necessary.
6. Over the top starts may be used at the discretion of the Referees and Technical Advisor.
7. Reseeding may be done at the discretion of the Referee or Technical Advisor.
8. All relays are timed finals. Relay names, in the order of swimming, must be with the recorder 30 minutes prior to the start of the session in which the relay event is being held. Only swimmers competing in the meet are eligible to swim in relays.
9. Cameras and Photography  
 SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings is permitted for use during the meet. Photos remain copyright of the approved/accredited person

### **SCRATCHING/WITHDRAWAL RULE**

1. Late withdrawals will incur a penalty fee of \$50.00
2. Withdrawals for the first session of timed finals will close at 7.00pm on June 9<sup>th</sup> 2022 with Swimming Canterbury West Coast ([admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz))
3. Subsequent timed finals withdrawals will need to be with the Control Room Supervisor by the end of the previous session.
4. Withdrawals from the finals need to be with the CRS 30 minutes after the completion of the event in which the qualification occurred.

### **GENERAL**

10. At the beginning of each race when the whistle is blown there is to be silence and no movement on the pool deck.
11. Swimmers are to leave the pool by the sides when the preceding race has started by swimming **under** the lanes ropes. Swimmers are **not** to exit the pool over the end or touch the pads while exiting.
12. The designated area is to be used for warm-up and warm-down **ONLY**.  
**Warm Up** - Swimmers and coaches must adhere to the official warm-up procedures as per Swimming Canterbury West Coast warm-up procedure guidelines.  
*(Warm-up is the responsibility of the clubs, coaches and swimmers involved. **Officials are not** responsible for managing or controlling the warm-up procedures.)*
13. Marshaling area to be advised in the program.
14. Protests shall be lodged as per SNZ Regulation 4 accompanied with the \$100.00 fee

### **DUTY CLUBS**

All participating Swimming Canterbury West Coast clubs are expected to assist with normal duty club responsibilities (including catering) during sessions. A list of duties will be sent to clubs.

### **PRIZES**

1. Medals will be awarded to 1st, 2nd & 3<sup>rd</sup> in individual events.
2. Medals will be awarded to 1st, 2nd & 3rd in the relay events.



## 2021 Canterbury West Coast Short Course Championships Qualifying Times

Qualifying period 1st June 2020 – 1<sup>st</sup> June 2022

		<b>12 – 14</b>	<b>12 - 14</b>	<b>15 &amp; Over</b>	<b>15 &amp; Over</b>	<b>PARA</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>		
<b>FREESTYLE</b>	50	33.15	34.15	31.15	32.15	No QT	
	100	1.06.30	1.08.30	1.02.30	1.07.30	No QT	
	200	2.24.60	2.33.60	2.16.60	2.28.60	No QT	
	400	5.01.20	5.23.20	4.48.20	5.18.20	No QT	
<b>BACKSTROKE</b>	50	36.95	37.95	34.95	35.95	No QT	
	100	1.18.30	1.23.30	1.13.30	1.19.30	No QT	
	200	2.48.60	2.56.60	2.41.60	2.56.60	No QT	
<b>BREASTSTROKE</b>	50	41.50	42.50	39.50	40.50	No QT	
	100	1.34.00	1.37.00	1.24.00	1.34.00	No QT	
	200	3.19.00	3.26.00	3.06.00	3.21.00	No QT	
<b>BUTTERFLY</b>	50	35.19	36.20	33.20	34.20	No QT	
	100	1.31.60	1.35.60	1.13.60	1.21.60	No QT	
	200	3.07.20	3.22.20	2.47.20	3.07.20	No QT	
<b>IM</b>	100	1.18.30	1.23.30	1.13.30	1.19.30	No QT	
	200	2.41.60	2.51.60	2.31.60	2.44.60	No QT	
	400	5.58.20	6.13.20	5.33.20	5.58.20	No QT	



## Swimming Canterbury West Coast Short Course Championships 10-12 June 2022 Event Schedule

### Session 1 - Friday 10<sup>th</sup> June 2022

#### Warm-up 5.45pm – 6.25pm

#### Racing Starts 6.30pm

1	Male 1500 Freestyle (Top 24)	Timed Final
2	Female 800 Freestyle (Top 24)	Timed Final
3	Male 50m Freestyle	Timed Final
4	Female 50m Freestyle	Timed Final
5	Mixed Para Open 50m Freestyle	Timed Final
<b>Medal Presentations Events 1 &amp; 2 (1500 Free, 800 Free)</b>		
6	Male 400m Individual Medley	Timed Final
7	Female 400m Individual Medley	Timed Final
8	Male 50m Breaststroke	Timed Final
9	Female 50m Breaststroke	Timed Final
10	Mixed Para Open 50m Breaststroke	Timed Final

### Session 2 - Saturday 11<sup>th</sup> June 2022

#### Warm-up 7.30am – 8.10am

#### Racing Starts 8.15am

#### **Medal Presentations 8.15am – 8.30am Events 3,4,5,6,7,8,9,10, (50 Free, 400 IM, 50 Breast)**

11	Male 12-14 400m Freestyle Relay	Timed Final
12	Female 12-14 400m Freestyle Relay	Timed Final
13	Male 15 & O 400m Freestyle Relay	Timed Final
14	Female 15 & O 400m Freestyle Relay	Timed Final
15	Male 50m Butterfly	Timed Final
16	Female 50m Butterfly	Timed Final
17	Mixed Para Open 50m Butterfly	Timed Final
<b>Medal Presentations Events 11,12,13 &amp; 14 (Relays)</b>		
18	Male 200m IM (Incl Para)	Prelim
19	Female 200m IM (Incl Para)	Prelim
21	Male 100m Backstroke (Incl Para)	Prelim
22	Female 100m Backstroke (Incl Para)	Prelim
<b>Medal Presentations Events 15,16 &amp; 17 (50 Butterfly)</b>		
24	Male 200m Freestyle (Incl Para)	Prelim
25	Female 200m Freestyle (Incl Para)	Prelim
27	Male 100m Breaststroke (Incl Para)	Prelim
28	Female 100m Breaststroke (Incl Para)	Prelim
30	Male 50m Backstroke	Timed Final
31	Female 50m Backstroke	Timed Final
32	Mixed Para Open 50m Backstroke	Timed Final
33	Male 800 Freestyle (Top 24)	Timed Final
34	Female 1500 Freestyle (Top 24)	Timed Final



### Session 3 - Saturday 11th June 2022

Warm-up 4.00pm – 4.40pm

Racing Starts 4.45pm

**Medal Presentations 4.45pm – 5.00pm Events 30,31,32,33 & 34 (50 Back, 800 Free, 1500 Free)**

18	Male 12 & O 200m IM	Final
19	Female 12 & O 200m IM	Final
20	Mixed Open Multi class 200m IM	Final
21	Male 12 & O 100m Backstroke	Final
22	Female 12 & O 100m Backstroke	Final
23	Mixed Open Multi class 100m Backstroke	Final

**Medal Presentations Events 18,19 & 20 (200 IM)**

24	Male 12 & O 200m Freestyle	Final
25	Female 12 & O 200m Freestyle	Final
26	Mixed Open Multi class 200m Freestyle	Final
27	Male 12 & O 100m Breaststroke	Final
28	Female 12 & O 100m Breaststroke	Final
29	Mixed Open Multi class 100m Breast	Final

**Medal Presentations Events 21,22 & 23 (100 Backstroke)**

35	Male 200m Butterfly	Timed Final
36	Female 200m Butterfly	Timed Final

**Medal Presentations Events 28, 29 & 30 (200 Freestyle)**

### Session 4 - Sunday 12th June 2022

Warm-up 7.30am – 8.10am

Racing Starts 8.15am

**Medal Presentations 8.15am – 8.30am Events 27,28,29,35 & 36 (100 Breast, 200 Fly)**

37	Male 12-14 400m Medley Relay	Timed Final
38	Female 12-14 400m Medley Relay	Timed Final
39	Male 15 & O 400m Medley Relay	Timed Final
40	Female 15 & O 400m Medley Relay	Timed Final
41	Male 400m Freestyle (except fastest 8)	Timed Final
42	Female 400m Freestyle (except fastest 8)	Timed Final

**Medal Presentations Events 37,38,39 & 40 (Relays)**

44	Male 100m Butterfly (Incl Para)	Prelim
45	Female 100m Butterfly (Incl Para)	Prelim
47	Male 200m Breaststroke	Prelim
48	Female 200m Breaststroke	Prelim
49	Male 100m Freestyle (Incl Para)	Prelim
50	Female 100m Freestyle (Incl Para)	Prelim
52	Male 200m Backstroke	Prelim
53	Female 200m Backstroke	Prelim
54	Male 100 IM	Timed Final
55	Female 100 IM	Timed Final
56	Mixed Open Multi class 100m IM	Timed Final



## Session 5 - Sunday 12<sup>th</sup> June 2022

Warm-up 2.30pm – 3.10pm

Racing Starts 3.15pm

### Medal Presentations 3.20pm – 3.30pm Events 54, 55, 56 (100 IM)

- |                                           |             |
|-------------------------------------------|-------------|
| 41. Male 400m Freestyle (Fastest 8)       | Timed Final |
| 42. Female 400m Freestyle (Fastest 8)     | Timed Final |
| 43. Mixed Open Multi class 400m Freestyle | Timed Final |
| 44. Male 12 & O 100m Butterfly            | Final       |
| 45. Female 12 & O 100m Butterfly          | Final       |
| 46. Mixed Open Multi class 100m Butterfly | Final       |

### Medal Presentations Events 41, 42 & 43 (400 Free)

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|-------------------------------------|-------|
| 47. Male 12 & O 200m Breaststroke   | Final |
| 48. Female 12 & O 200m Breaststroke | Final |

### Medal Presentations Events 44, 45 & 46 (100 Fly)

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|-------------------------------------------|-------|
| 49. Male 12 & O 100m Freestyle            | Final |
| 50. Female 12 & O 100m Freestyle          | Final |
| 51. Mixed Open Multi class 100m Freestyle | Final |
| 52. Male 12 & O 200m Backstroke           | Final |
| 53. Female 12 & O 200m Backstroke         | Final |

### Medal Presentations Events 47, 48, 49, 50, 51, 52 & 53 (200 Breast, 100 Free, 200 Back)